

Recommended Packing List for visitors to Zackenberg, Northeast Greenland

CLOTHING

Plan with three main layers from inside and out:

- A breathing and insulating layer,
- A windproof layer and
- A waterproof layer.

BREATHING AND INSOLATING LAYER

- Thermal underwear (synthetic or woollen underwear to be worn directly on the skin)
- Normal underwear both long and short
- T-shirts
- Cotton or woollen shirts
- Light weight fleece shirts and long-johns (e.g. Polartec 100)
- Heavy duty woollen or fleece sweater (e.g. Polartec 200 - 300) e.g. with wind stopper.
- Socks of wool (high insulating capacity even when wet)
- Hats, balaclava, gloves and mittens

WINDPROOF LAYER

- Jacket (Gore-Tex or equivalent fabric; light and versatile, hood optional)
- Trousers (heavy duty but light weight (both long pants and shorts, we do have warm days!))
- Sweater or fleece e.g. with a wind stopper
- Hats, mittens, gloves

WATERPROOF LAYER

- Jacket with hood (Gore-Tex or equivalent fabric)
- Trousers (Gore-Tex or equivalent fabric)
- Hats and gloves / mittens (Gore-Tex or equivalent fabric is highly recommendable)
- Wellingtons with long legs e.g. with insulation or extra insoles

GENERAL

- Hiking boots (be sure these are good, broken in and able to withstand both moisture/water and cold)
- Light-weight shoes or running shoes (for fair weather days)
- Waterproofing for boots if necessary
- Clogs are recommendable for between-houses use
- Casual city clothes (for your stays in Iceland)
- Swimsuit (there are heated swimming pools everywhere in Iceland!)
- Sunscreen or hat with brim
- Two pairs of sunglasses (there is a lot of light up there!!)
- Extra glasses - if you wear glasses
- Backpack for day hikes
- Personal toiletries: Everything (nearest shop is in northern Iceland!)
- Towels

LUGGAGE

Pack your things in either portable boxes or bags. Your luggage must be able to withstand some rough handling.

FULL CAMP EQUIPMENT OF UP TO 10 PERSONS ARE AVAILABLE FOR RESEARCHERS

Please, contact the Zackenberg Secretariat (zackenberg@au.dk) in advance to arrange for borrowing. All items are located at Zackenberg.